

# Creative Dance News

www.creative-dance.com

### **Happy Spring!**

I hope you enjoy this special newsletter celebrating National Dance Week 2018! Have fun and remember to share your love of dance with everyone you know!!! May there always be a time for dance!

#### Dance Classes, Stow, MA April 2018

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Moving From Within, A Haiku Poem by Miss Jennifer

Moving from within

We dance to express and feel

Our hearts wide open

#### Jennifer McGowan's Creative Dance Center

Volume 21, Issue 2

Spring 2018

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Important Dates to Remember:

- Thursday, April 19 we will be having a snow make for all Stow classes from 3:45-4:45pm at the old Stow Town Hall. This will be a family class so parents and siblings are invited to attend.
- Thursday, April 19, Dancers Workshop Rehearsal from 4:45-6:30pm.
- April 29th is International Dance Day! Make sure to celebrate the art
- Friday, May 4, Dancers Workshop Rehearsal from 4:30-6:00pm
- Sunday, May 6, Dancers Workshop performance as part of the Children's Dance Festival at Tuft's University.
- NO Dance Thursday, May 10.
- Saturday, May 19, Stow Springfest, Come see the Dancers Workshop performance at 1:45pm and join in all the other festivities.
- Friday, May 25 And Friday June 1, Dancers Workshop Rehearsal 4:30-5:30pm
- Saturday, June 2, Annual End of Year Performance for all students and families of the Creative Dance Center at Hale Middle School Auditorium in Stow, MA. (Dress Rehearsal will be from 12:30pm-2:15pm. Performance will begin at 2:30pm).
- Thursday, June 7, End of spring

Learning to walk set you freelearning to dance gives you the greatest freedom of all: to express with your whole self the person you are.

- Melissa Hayden

Summer DAY Programs: Dance, Art, and Yoga, June 26th-July 20

### Summer DAY Programs 2018: Dance, Arts, and Yoga

Dance, Arts, & Yoga Workshops (Ages 4-10)

The day begins with a creative dance class where children express themselves through movement. Students explore dancing to a variety of music and dance styles while developing age-appropriate skills and learning ballet and modern dance vocabulary. Dance class is followed by an art project integrating art and movement concepts. Each day will encompass a different theme. A special activity will follow, which may include drama and theatre games, dance history, yoga games, sing-alongs, story time, music for dancers, outdoor play, or costume designing. At the end of each day we will close our program with yoga and relaxation. At the conclusion of each session, parents and siblings are invited to attend a short presentation where participants can share all that they have learned.

#### Session 1:

June 26-June 29 (T-F), 9:00am-12:00pm, Pepperell Community Center, Pepperell, MA (Through the Pepperell Recreation Department) \$144/4 days

#### Session 2:

July 9-July 13 (M-F), 1:15pm-4:15pm, First Parish Church Hall, Stow, MA \$180/5 days

#### Session 3:

July 16-July 20 (M-F), 9:00am-12:00pm, Pompositticut Community Center, Stow, MA \$180/5 days

Register Today and Join in the Fun!





DANCE

















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### An Afternoon of Dance, June 2, 2018

Each spring we have an informal performance to conclude our year of dance and to share all we have learned throughout the year. All classes (ages 4+) are welcome to participate. This year's performance is scheduled for Saturday, June 2, 2018 at 2:30pm, at the Hale Middle School Auditorium in Stow. This year's theme is "Dances From the Heart and Songs That Make You Feel Good." Dancers in the 4-6 year old class should arrive at 1:30pm. All other dancers need to arrive promptly at 12:30pm ready to dance. Dancers should arrive in costume and find their seats reserved in the first two rows along with parent volunteers. Dancers Workshop can go backstage to the dressing room and set up costumes. We will rehearse dances in order of the performance. Parents who are not volunteering may drop-off dancers and return at 2:15pm to save their seats. The performance will begin at 2:30pm and last approximately one hour and a half followed by refreshments. More details will follow as we get closer to the date.

The dance is a poem of which each movement is a word.

- Mata Hari



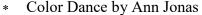
### An Afternoon of Dance



Visit your local library and take out a book on dance to read at home.

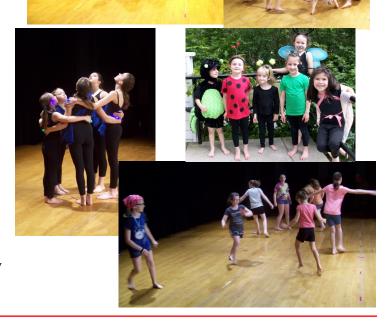
Read
Every chance you get
A book about
Dance

There are many wonderful children's picture books written about dance. Visit your local library and take out a book on dance to read at home. Here is a list of some of my favorites:



- \* Opening Night by Rachel Isadora
- \* Degas and the Little Dancer by Laurence Anholt
- \* Hop Jump by Ellen Stoll Walsh
- \* Dance Tanya by Patricia Lee Gauch
- \* Tallchief, America's Prima Ballerina by Maria Tallchief with Rosemary Wells
- \* I am a Dancer by Eva Lipman with photographs by Jane Feldman
- \* Max by Rachel Isadora
- \* Tanya and Emily in a Dance For Two by Patricia Lee Gauch
- \* Isadora Dances by Rachel Isadora
- \* The Jewel Heart by Barbara Helen Berger
- \* Meet Rory Hohenstein, A Professional Dancer by Jill D. Duvall





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#### Jennifer McGowan's Creative Dance Center

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Facebook: www.facebook.com/creative.dance.yoga/ Instagram: www.instagram.com/creative.dance.yoga/



"To touch, to move, to inspire. This is the true gift of dance." -Aubrey Lynch



Dance Class, Pepperell, MA March 2018

The truest expression of a people is in its dance and in its music.

Bodies never lie. ~Agnes de Mille

## Celebrate Dance!!! A note from your teacher

I hope you have enjoyed this special newsletter in honor of National Dance Week. Of course we celebrate dance every week in dance class. And we can continue to celebrate every day all year round! Dancing has always been very special to me. I need to dance like I need to breathe. It is part of my heart and my soul and I enjoy sharing my love of dance with you every day! And I want to thank you, all of my students and your parents for sharing your love of dance with me. Just as I teach you, you also teach me, and I look forward to discovering all the magic dance has to offer together! It is always an honor and a pleasure to dance with you!

Happy Dancing!!!

Love, "Miss" Jennifer



The Dancers Workshop is a performing company of young people who share a love of dance and a desire to bring the art of creative dance to the community. Dancers range in age from 8-17 and all are welcome to be a part of this special group.



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